

Here is Audio Word Study #046 from Jane Lawson at DailyStep.com

Spring is here! I have a spring in my step and I'm trying to drink plenty of spring water to give me the energy to spring into action at the start of each day. Did you notice how many times I used the word SPRING just then? Of course, we don't usually use so many meanings of the same word in one conversation, but this DailyStep Audio word study will teach you all the meanings of the word SPRING.

SPRING (noun)

Meaning 1: Spring is the season of the year between winter and summer. In the northern hemisphere, spring is in March, April and May. (**note:** *It is correct to say 'in spring' or 'in the spring'. If we are talking about next spring, or last spring, we do not use 'in' or 'the'. So it is incorrect to say 'in last spring' or 'in the next spring'.*)

Examples: 1. In spring, leaves and plants start growing again and spring flowers appear. (**note:** *here, we can also say 'in the spring...'*)
2. He decided to move house next spring.

Meaning 2: A spring is a place where water flows out of the earth. This water can be hot or cold.

Examples: 1. We bathed in hot springs when we were in Japan.
2. Drinking spring water is good for your health (**note:** *spring water is water that comes naturally from a spring in the ground. It is often bottled and then sold.*)

Meaning 3: A spring is a piece of metal in a spiral shape which can be pressed into a smaller space but then after the pressure is released, it returns to its original shape and size.

Examples: 1. This mattress needs to be replaced – I think its springs are broken.
2. Ever since he had that wonderful news, he has been walking with a spring in his step. (**note:** *here, we mean he is walking in an enthusiastic, energetic and positive way – as if he has metal springs in his shoes!*)

Meaning 4: Spring means the ability to return to the original shape after being pressed. (**note:** *here, spring is an uncountable noun.*)

Example: This chair seems to have lost its spring – it is really uncomfortable!

SPRING, SPRANG, SPRUNG (verb)

Meaning 1: To move suddenly and quickly from one place to another, or into another position.

Examples: 1. The children sprang to their feet when the teacher came into the room.
2. He springs out of bed every morning, full of energy. I don't know how he does it!
3. The fire brigade are always ready to spring into action whenever they receive an emergency call.

Meaning 2: to suddenly appear or start to exist

Examples: 1. There are new supermarkets springing up everywhere, and they are taking business away from the local shops. (**note:** *here we say 'springing up' because they are appearing as if from out of the ground.*)

2. Where did he spring from? I didn't see him walking towards us!

SPRING CLEAN, SPRING CLEANED, SPRING CLEANED (verb)

Meaning : to clean very thoroughly, often in spring – but in fact we use the verb 'to spring clean' when we mean a deep clean for a building at any time of year.

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Example: After winter is over, I always spring clean my house. I love spring cleaning!

Now, try to write your own sentences using SPRING . Make sure these sentences are true to your own life because this will help you to remember them better. That is all for Audio Word Study #046 on DailyStep.com.

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